



ST TAMMANY PARISH PUBLIC SCHOOLS
BREAKFAST and LUNCH MENU FOR CAROLYN PARK MIDDLE SCHOOLS
SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY HOLIDAY	3 Yogurt w/toast Orange Breaded Pork Chop Apple, Mixed Fruit Broccoli Crown Florets w/ranch Creamy Mashed Potatoes Texas Toast	4 Biscuits, Sausage Kiwi Roasted Chicken Pineapple Tidbits, Pears Fresh Crisp Carrots w/ranch Red Beans w/ Fluffy Rice	5 Donuts Banana NATIONAL PIZZA DAY Hot Pepperoni Pizza Banana, Kiwi Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie	6 Cinnamon Roll Mixed Fruit BBQ Pulled Pork Sandwich Banana, Orange BBQ Baked Beans Garden Green Salad Fresh Chocolate Chip Cookie
9 Pancakes Oranges Delicious Chicken Tenders Apples Garden Green Salad Fresh Cauliflower Bites w/ranch Creamy Mac-N-Cheese Fresh Baked Roll	10 N'awlins Style Beignets Raisins NATIONAL HOT DOG DAY Pig-in-a-Blanket or Hot Dog w/Chili Hot French Fries Honeydew, Peaches BBQ baked Beans Crunchy Celery Sticks Fresh Baked Wrap OR Bun	11 Biscuits, Sausage Apples Red Beans w/Sausage Frozen Fruit Cup Fresh Crisp Carrots w/ranch Zesty Cucumber Slices w/ranch Fresh Baked Breadstick Fluffy Rice	12 Eggs, Grits w/Toast Banana Meat Sauce w/ Pasta CranRaisins Seasoned Green Peas Fresh Crisp Carrots w/ranch Texas Toast Fudgy Brownie	13 Cinnamon Roll Pears Classic Chicken Sandwich Orange, Banana Crisp Green Lettuce Hot French Fries BBQ Baked Beans Fresh Made Oatmeal Cookie
16 Pizza Oranges Chinese Orange Chicken Peaches Delicious Fruit Crisp Fresh Crisp Carrots w/ranch Steamed Broccoli Florets Fluffy Rice Texas Toast	17 N'awlins Style Beignets Fruity Raisins Beef Nachos Cantaloupe/ Strawberries Garden Green Salad Salsa Fiesta Beans Fresh Baked Cinnamon Stick	18 Biscuit, Sausage Kiwi National Cheeseburger Day Hamburger OR Cheeseburger Pears, Banana Crisp Green Lettuce Hot French Fries Fresh Baked Chocolate Chip Cookie	19 Banana Squares Banana Mini Cheese Ravioli w/Mariana Peaches Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cake	20 Cinnamon Roll Applesauce Roasted Chicken Oranges, Mixed Fruit Fresh Crisp Carrots w/ranch Louisiana Style Red Beans Fluffy Rice Flaky Biscuit
23 Eggs, Grits w/ Toast Oranges Delicious Chicken Tenders Pears, Mixed Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	24 N'awlins Style Beignets Raisins Chicken Tacos w/ Fixing Peaches BBQ Baked Beans Chilled Fruit Juice School Made Cinnamon Stick	25 Biscuit, Sausage Apples World Milk Day Crispy Fish Strips OR Southern Fried Catfish Kiwi, Pears Fresh Broccoli Bites w/ranch Creamy Mashed Potatoes Baked Beans Fresh Baked Breadstick	26 Pancakes Banana NATIONAL PANCAKE DAY Sloppy Joe Sandwich Applesauce Fresh Crisp Carrots w/ranch Hot French Fries Fresh Baked Roll Fudgy Brownie	27 Cinnamon Roll Peaches Hot Pepperoni Pizza Banana, Kiwi Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie
30 Yogurt w/Toast Breaded Pork Chop Apples, Mixed Fruit Broccoli Crown Florets w/ranch Creamy Mashed Potatoes Texas Toast	PIZZA DAY 9/5 	CHEESEBURGER DAY 9/18 	LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Low-Chocolate Milk Low-Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.

