



ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH and BREAKFAST MENU FOR CAROLYN PARK MIDDLE SCHOOL
DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Yogurt /Toast Oranges Breaded Pork Chop APPLES / MIXED FRUIT Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast	4 N'awlins Style Beignets Fruity Raisins National Cookie Day BBQ Pulled Pork Sandwich Strawberry cups/Oranges Whole Kernel Corn Garden Green Salad Fresh Baked Chocolate Chip Cookie	5 Flaky Biscuit/Sausage Grits/Kiwi Chinese Orange Chicken Pineapple/Pears Fresh Crisp Carrots Fresh Crisp Celery Sticks Fluffy Rice Texas Toast	6 Pop Tarts Banana Pig-in-a-Blanket OR Hot Dog Honeydew/Peaches Hot French Fries Bayou Baked Beans Fresh Baked Wrap OR Bun J*E*L*L*O	7 Cinnamon Roll Mix Fruit Beef Nachos Banana/Kiwi Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Breadstick
10 Pancakes Oranges Chicken Bites Apples Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	11 N'awlins Style Beignets Raisins Chicken Tacos w/ Fixings Peaches Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Breadstick	12 Flaky Biscuit/Sausage Apples Gumbo Frozen Fruit Cups Fresh Crisp Carrots Zesty Cucumber Slices Fresh Baked Breadstick Fluffy Rice	13 Fluffy Scrambled Eggs Toast/Grits/Banana Meat Sauce CranRaisins Seasoned Green Peas Fresh Crisp Carrots Texas Toast Fudgy Brownie	14 Cinnamon Roll Pears Classic Chicken Sandwich Oranges/Banana Crisp Green Lettuce Bayou Baked Beans Hot French Fries Fresh Made Oatmeal Cookie
17 Snack Bun Bites Oranges Chinese Orange Chicken Red Grapes Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Fluffy Rice Texas Toast	18 N'awlins Style Beignets CranRaisins Beef Nachos Oranges/ Strawberry Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Breadstick	19 Flaky Biscuit/Sausage Kiwi Homestyle Hamburger OR Cheeseburger Cantaloupe/Pears Crisp Green Lettuce Hot French Fries Bayou Baked Beans Fresh Baked Chocolate Chip Cookie	20 Fruit Muffin Banana Roasted Turkey Candied Sweet Potatoes Broccoli Crown Florets Fruit Salad Cranberry Sauce Cornbread Dressing w/ Gravy Fresh Baked Roll	21 Cereal / Toast Applesauce National Kiwi Day Golden Corn Dog OR Hot Dog Fresh Crisp Carrots Kiwi/Apples Chewy Oatmeal Cookie
24 WINTER/CHRISTMAS BREAK	25 WINTER/CHRISTMAS BREAK	26 WINTER/CHRISTMAS BREAK	27 WINTER/CHRISTMAS BREAK	28 WINTER/CHRISTMAS BREAK
31 WINTER/CHRISTMAS BREAK			LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese OR Sunbutter and Jelly Sandwich

This institution is an equal opportunity provider. Menus are subject to change.