



ST TAMMANY PARISH PUBLIC SCHOOLS
BREAKFAST and LUNCH MENU FOR CAROLYN PARK MIDDLE SCHOOL
September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 LABOR DAY HOLIDAY Virtual and Hybrid Menu Meals Served from 10:00 to 10:30 Front of School / Bus Loop	8 Dutch Waffle Fruit Chicken Sand. Fruit Fresh Carrot Hot French Fries Bun	9 Mini Pancakes Fruit Chicken Sand. Fruit Fresh Broccoli Hot French Fries Bun	10 Mini Waffles Fruit Chicken Sand. Fruit Fresh Broccoli Hot French Fries Bun	11 Cinnamon Roll Fruit Chicken Sand. Fruit Fresh Carrot Hot French Fries Bun
14 Dutch Waffle Fruit Mandarin Orange Chicken Chilled Fruit Fruit Crisp Steamed Broccoli Steamed Carrots Rice Fresh Baked Bread Stick	15 N'awlins Style Beignets Fruit Chili Cheese Fries Frozen Fruit Cup Crisp Green Salad sour cream, Jalapenos Texas Toast Brownie	16 Biscuit, Sausage Fruit Baked Chicken Red Beans & Rice Cole Slaw Chilled Fruit Biscuits	17 Mini Waffles Fruit Meat Sauce w/ Pasta Chilled Fruit Green Beans Hot Fresh Roll	18 Cinnamon Roll Fruit Cheese Burger / hamburger Fresh Fruit Hot French Fries Crisp Green Lettuce Fresh Carrots Choc. Chip Cookies
21 Mini French Toast Fruit Beef Nachos Chilled Fruit Fresh Green Salad Zesty Refried Beans Salsa, Sour Cream, Jalapenos	22 N'awlins Style Beignets Fruit Mandarin Orange Chicken Chilled Fruit Fruit Crisp Steamed Broccoli Steamed Carrots Rice Fresh Baked Bread Stick	23 Biscuit, Sausage Fruit Superior Salisbury Steak Frozen Fruit Cup Green Peas Creamy Mashed Potatoes Fresh Baked Roll Choc Chip Cookie	24 Pop Tarts Fruit Breaded Chicken Chilled Fruit Baked Beans Potato Salad Fresh Baked Roll	25 Cinnamon Roll Fruit BBQ Chicken on Bun Fresh Carrots Fresh Fruit Hot French Fries
28 Dutch Waffle Fruit Delicious Chicken Tenders Chilled Fruit Fresh Broccoli Green Peas Mac & Cheese Fresh Baked Roll	29 N'awlins Style Beignets Fruit Beef Nachos Chilled Fruit Fresh Green Salad Zesty Refried Beans Salsa, Sour Cream, Jalapenos	30 Biscuit, Sausage Fruit Pizza Fresh Fruit Fresh Green Broccoli/ Carrots w/ranch	LUNCH PRICES Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Low-Chocolate Milk Low-Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.

