




ST TAMMANY PARISH PUBLIC SCHOOLS
BREAKFAST AND LUNCH MENU FOR CAROLYN PARK MIDDLE SCHOOL
APRIL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Pizza / Oranges Chinese Orange Chicken OR Chinese Sweet and Sour Chicken Peaches Delicious Fruit Crisp Fresh Crisp Carrots w/Ranch Steamed Broccoli Florets Steamed Rice Texas Toast	2 Beignets / Fruity Raisins Beef Nachos Oranges/ Mix Fruit Garden Green Salad Salsa Fiesta Black Beans Sour Cream / Jalapenos Fresh Baked Cinnamon Breadstick	3 Biscuit /Sausage/Kiwi Mini Cheese Ravioli w/Mariana Applesauce Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Fresh Baked Chocolate Chip Cookie	4 Breakfast Burrito/Banana INTERNATIONAL CARROT DAY BBQ Chicken Cantaloupe/Strawberry Cup Fresh Crisp Carrots w/ Ranch Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	5 Cinnamon Roll/Applesauce Homestyle Hamburger Pears/Banana Crisp Green Lettuce Hot French Fries Fresh Baked Cake
8 French Toast/Oranges Delicious Chicken Tenders Pears/Mixed Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	9 Beignets / Raisins Beef Tacos w/ Fixings Sour Cream / Jalapenos Salsa Peaches Chilled Fruit Juice Zesty Refried Beans Fresh Baked Cinnamon Breadstick	10 Biscuits / Sausage/Apple Crispy Fish Strips OR Southern Fried Catfish Red Grapes J*E*L*L*O Fresh Broccoli Bites w/Ranch Creamy Mashed Potatoes Bayou Baked Beans Fresh Baked Breadstick	11 Banana Squares/Banana Sloppy Joe Sandwich Applesauce Fresh Crisp Carrots w/Ranch Hot French Fries Fudgy Brownie	12 Cinnamon Roll/Peaches NATIONAL GRILLED CHEESE DAY Grilled Cheese Sandwich Banana/Kiwi Whole Kernel Corn Fresh Crisp Carrots w/Ranch Fresh Oatmeal Cookie
15 Yogurt w/Toast/Oranges Breaded Pork Chop Apples/Mixed Fruit Broccoli Crown Florets w/Ranch Creamy Mashed Potatoes Texas Toast	16 Beignets/ Fruity Raisins Beef Nachos Oranges/Pears Garden Green Salad Salsa Fiesta Black Beans Sour Cream / Jalapenos Fresh Baked Cinnamon Breadstick	17 Biscuit/Sausage/Kiwi NATIONAL HEALTHY KIDS DAY Chinese Orange Chicken OR Chinese Sweet and Sour Chicken Pineapples/ Strawberry Cup Fresh Crisp Carrots Celery Sticks w/Ranch Fluffy Rice Texas Toast	18 Pop Tarts/Banana Pig-in-a-Blanket OR Hot Dog Frozen Fruit Cup Hot French Fries Bayou Baked Beans Fresh Baked Wrap OR Bun J*E*L*L*O	19 SPRING/EASTER BREAK 
22 SPRING/EASTER BREAK	23 SPRING/EASTER BREAK	24 SPRING/EASTER BREAK	25 SPRING/EASTER BREAK	26 SPRING/EASTER BREAK
29 Pancakes/Oranges Breezy Beefy Mac Mixed Fruit Fresh Crisp Carrots w/Ranch Green Peas Texas Toast	30 Beignets / Raisins NATIONAL OATMEAL COOKIE DAY NATIONAL RAISIN DAY Classic Chicken Sandwich Fruity Raisins Hot French Fries Bayou Baked Beans Fresh Made Oatmeal Cookie		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.

