






ST TAMMANY PARISH PUBLIC SCHOOLS
BREAKFAST & LUNCH MENU FOR CAROLYN PARK MIDDLE SCHOOL
FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese	NATIONAL SCHOOL BREAKFAST WEEK Feb.25-Mar.1,2019 		1 Cinnamon Roll Applesauce Hamburger/Cheeseburger Pears/Banana French Fries lettuce Chocolate Chip Cookie
4 Mini Pancakes Oranges Chicken Tenders Pears/Mixed fruit Salad Green Peas Macaroni & Cheese Texas Toast	5 Beignets Raisins Chicken or Beef taco Peaches/Fruit Juice Sour Cream/Jalapenos Green Leaf Lettuce Salsa Refried Beans Cinnamon Stick	6 Biscuits/Sausage Apple Catfish/Fish sticks Broccoli Florets w/ranch Mashed Potatoes OR Baked Russet Potato Kiwi/Pears Baked Beans Bread Stick J*E*L*L*O	7 Eggs or Grits w/Toast Banana Salisbury Steak Applesauce Carrots w/ranch Mashed Potatoes & Gravy School Made Roll Brownie OR Rice Krispie Treat	8 Cinnamon Roll Peaches Pizza Kiwi/Banana Marinara Corn Oatmeal Cookie
11 Yogurt w/Toast Oranges Pork Chop Apples/Mixed Fruit Broccoli Florets Mashed Potatoes & Gravy Texas Toast	12 Beignets CranRaisins Deluxe Nachos w/Fixings Honeydew/Peaches Salad Salsa Black Beans Cinnamon Stick	13 Biscuits/Sausage Kiwi National Italian Food Day Meat Sauce & Pasta CranRaisins Green Peas Texas Toast Brownie	14 POP TARTS Banana Pig-in-a-Blanket Cantaloupe/Strawberries French Fries Baked Beans J*E*L*L*O	15 Cinnamon Roll Mixed Fruit Pulled Pork Sandwich Banana/Oranges Salad Corn Chocolate Chip Cookie
18 Waffles Oranges Chicken Tenderloin Apples Salad Cauliflower Macaroni & Cheese Roll	19 Beignets Raisins Chicken Tacos or Beef Tacos Peaches/Fruit Juice Sour Cream/Jalapenos Green Leaf Lettuce Salsa Refried Beans Cinnamon Stick	20 National Muffin Day Muffins/Apples Pork Roast w/Gravy & Rice Frozen Fruit/Grapes Sweet Potato Casserole Cucumber Slices w/ranch Bread Stick	21 Eggs or Grits w/Toast Banana Mandarin Orange Chicken OR Sweet and Sour Chicken Rice Pineapple/Pears Veggie Juice Cauliflower Florets Texas Toast	22 Cinnamon Roll Pears Chicken Sandwich Banana/Oranges Green Leaf Lettuce French Fries Baked Beans Oatmeal Cookie
25 Churros/Oranges Louisiana School Lunch Week Gumbo & Rice Peaches Fruit Crisp Steamed Broccoli Carrots w/ranch Texas Toast	26 Beignets/CranRaisins Deluxe Nachos w/Fixings Oranges/Mixed Fruit Salad , Salsa Black Beans, Cinnamon Stick Parents come out and Celebrate With Your Child for National School Breakfast Week At 7:35a.m. cost: 2.25	27 Biscuits/Sausage/Kiwi National Strawberry Day Baked Chicken Strawberries Carrots w/ranch Red Beans & Rice Biscuit	28 Muffins/Banana Ravioli OR Meatball Sub Shredded Mozzarella Cheese Applesauce Salad Marinara Green Beans Bread Stick cake	

This institution is an equal opportunity provider. Menus are subject to change.

