



ST TAMMANY PARISH PUBLIC SCHOOLS
BREAKFAST and LUNCH MENU FOR CAROLYN PARK MIDDLE SCHOOLS
MARCH 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pizza Oranges Delicious Chicken Tenders Steamed Carrots /Broccoli Peaches Apple Crisp Rice w/gravy Breadsticks <i>Chicken Sand. w/fries</i>	3 N’awlins Style Beignets Fruity Raisins Beef Nachos Frozen Fruit Cup Salad/ Tomato Salsa, Sour Cream, Jalapeno Fiesta Beans Fresh Baked Cinnamon Stick <i>Hamburger w/fries</i>	4 Biscuit, Sausage Apples BBQ Chicken Baked Beans Cantaloupe Diced Pears Carrots w/ranch Roll <i>Grilled Cheese Sand. w/fries</i>	5 Banana Muffins Banana Meat Sauce Sliced Apples Salad Green Beans Breadstick Oatmeal Cookie <i>Meatball Sub. w/fries</i>	6 Cinnamon Roll Peaches Cheese Burger Banana Oranges Sliced Tomato Shredded Lettuce Hot French Fries
9 Pancake on Stick Oranges Delicious Chicken Tenders Pears /Kiwi Green Beans/Salad Broccoli w/ranch Creamy Mac-N-Cheese Breadsticks <i>Chicken Sand. w/fries</i>	10 N’awlins Style Beignets Raisins Chicken Taco Cantaloupe / Fruit Juice Green Leaf Lettuce/ Tomato Refried Beans Salsa, Sour Cream, Jalapenos Cinnamon Sticks <i>Hamburger w/fries</i>	11 Biscuit, Sausage Kiwi Fish Strips Oranges/ Diced Pears Salad Sweet Potato Broccoli w/ranch Breadsticks <i>Pulled Pork Sand. w/fries</i>	12 Egg, Grits, Toast Banana Pizza Banana Strawberry Marinara Sauce Celery w/ranch	13 NO SCHOOL
16 Dutch Waffle Oranges Delicious Chicken Tenders Broccoli w/ranch Apple Mixed Fruit Mashed Potatoes w/gravy Breadsticks <i>Chicken Sand. w/fries</i>	17 N’awlins Style Beignets Fruity Raisins Beef Nachos Frozen Fruit Cup Salad / Tomato Salsa, Sour Cream, Jalapeno Fiesta Beans Fresh Baked Cinnamon Stick <i>Hamburger w/fries</i>	18 Biscuit, Sausage Kiwi Baked Chicken Sliced Apple Corn Carrots w/ranch Fresh Baked Breadstick Fluffy Rice w/gravy <i>Chicken Sand. w/fries</i>	19 Donut / PopTarts Banana Hot Dog w/chili Cantaloupe / Peaches Celery Sticks w/ranch Salad Baked Beans Corn Dog w/fries	20 Cinnamon Roll Pears Grilled Cheese Oranges Banana Broccoli w/ranch French Fries Fresh Oatmeal Cookie
23 French Toast Oranges Delicious Chicken Tenders Green Beans Green Leaf Salad Oranges/ Sliced Apples Creamy Mac-N-Cheese Hot Roll <i>Chicken Sand. w/fries</i>	24 N’awlins Style Beignets Raisins Chicken Taco Cantaloupe/ Fruit Juice Shredded Lettuce/ Carrots w/ranch Salsa, Sour Cream, Jalapeno Fiesta Beans Fresh Baked Cinnamon Stick <i>Hamburger w/fries</i>	25 Biscuit, Sausage Kiwi Red Beans/ Rice Frozen Fruit Cup Green Leaf Salad Carrots w/ranch Cornbread <i>Turkey Sand. w/fries</i>	26 Eggs, Grits, Toast Banana Macaroni Wiggle CranRaisins Carrots w/ranch / Peas Breadsticks Choc Chip Cookie <i>Hot Dog w/fries</i>	27 Cinnamon Roll Mix Fruit Pizza Banana Apple Marinara Sauce Celery Sticks w/ranch
30 Pizza Oranges Mandarin Orange Chicken Steamed Broccoli Carrots w/ranch Peaches / Apple Crisp Rice Breadsticks <i>Chicken Sand. w/fries</i>	31 N’awlins Style Beignets Raisins Beef Nachos Frozen Fruit Cup Salad/ Carrots w/ranch Salsa, Sour Cream, Jalapeno Fiesta Beans Fresh Baked Cinnamon Stick <i>Hamburger w/fries</i>	AVAILABLE DAILY : Low-Fat White Milk Low-Chocolate Milk Low-Strawberry Milk	LUNCH PRICES Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese <i>Sandwich Line w/fries</i>

This institution is an equal opportunity provider. Menus are subject to change.

