



ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH AND BREAKFAST MENU FOR CAROLYN PARK MIDDLE SCHOOL
MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese	HAPPY MARDI GRAS		1 CINNAMON ROLL Applesauce Dr. Seuss Day Homestyle Hamburger Pears/ Banana Crisp Green Lettuce Hot French Fries Gold Fish Crackers
4 MARDI GRAS HOLIDAY	5 MARDI GRAS HOLIDAY	6 MARDI GRAS HOLIDAY	7 MARDI GRAS HOLIDAY	8 MARDI GRAS HOLIDAY
11 French Toast Oranges Delicious Chicken Tenders Pears / Mixed Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	12 Beignets Raisins Beef Nachos Garden Green Salad Pineapples / Peaches Fiesta Black Beans Salsa ,Jalapenos, Sour Cream Fresh Baked Cinnamon Stick	13 Biscuits / Sausage Apples Hot Pizza or OOCheesy Bites Banana/Oranges Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie	14 Eggs or Grits w/Toast Banana Substitute Appreciation Day Southern Fried Catfish OR Crispy Fish Strips Kiwi/ Red Grapes J*E*L*L*O Fresh Crisp Carrots w/ranch Creamy Mashed Potatoes OR Fresh Baked Potato Fresh Baked Roll	15 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
18 Yogurt w/ Toast Oranges National Sloppy Joe Day Sloppy Joe Sandwich Applesauce Hot French Fries Fresh Crisp Carrots w/ranch Fudgy Brownie OR Rice Krispie Treat	19 Beignets Fruity Raisins Pig-in-a Blanket or Hot Dog Hot French Fries Honeydew/Peaches Bayou Baked Beans Fresh Baked Wrap OR Bun J*E*L*L*O	20 Biscuits / Sausage Kiwi Chinese Orange Chicken or Chinese Sweet and Sour Chicken Cantaloupe/Strawberries Fresh Carrots w/ranch Cauliflower Florets w/ranch Fluffy Rice Texas Toast	21 Donuts Banana National Crunchy Taco Day Beef OR Chicken Tacos w/ Fixings Peaches Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	22 Cinnamon Roll Mixed Fruit National Drink Water Day BBQ Pulled Pork Sandwich Banana/Oranges Whole Kernel Corn Garden Green Salad Fresh Chocolate Chip Cookie
25 Pancakes Oranges Delicious Chicken Tenders Apples Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	26 Beignets Raisins Beef or Chicken Tacos w/ Fixings Peaches Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	27 Biscuits / Sausage Apples Chicken BBQ /Pork Roast Fluffy Rice w/Gravy Frozen Fruit Cups Sweet Potato Casserole Cucumber Slices w/ranch Fresh Baked Breadstick	28 Eggs or Grits w/Toast Banana Breezy Beefy Mac or Meat Sauce w/ Pasta Fruity Raisins Seasoned Green Peas Fresh Crisp Carrots w/ranch Texas Toast Fudgy Brownie	29 Cinnamon Roll Pears Classic Chicken Sandwich Banana/Oranges Crisp Green Lettuce Hot French Fries Bayou Baked Beans Fresh Made Oatmeal Cookie

This institution is an equal opportunity provider. Menus are subject to change.

