



ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH and BREAKFAST MENUS FOR CAROLYN PARK MIDDLE SCHOOLS
NOVEMBER 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75 | AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese | | 1 Waffles & Banana Pig-in-a-Blanket OR Hot Dog Honeydew/Peaches Hot French Fries Bayou Baked Beans Fresh Baked Wrap OR Bun *Jello* | 2 Cinnamon Roll Applesauce Grilled Cheese Sandwich Banana/Oranges Whole Kernel Corn Garden Green Salad Fresh Baked Chocolate Chip Cookie |
| 5 National Donut Day Donut, Banana Delicious Chicken Tenders Or Chicken Bites Apples Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll | 6 ELECTION DAY (Schools Closed) | 7 Flaky Biscuit, Sausage Apples Chicken Tacos w/ Fixings Peaches Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick | 8 Scrambled Eggs w/Toast Southern Grits Cranberries Roasted Turkey Sweet Potato Casserole Broccoli Crown Florets Fruit Salad Cranberry Sauce Cornbread Dressing w/ Gravy Fresh Baked Roll | 9 Cinnamon Roll / Pears Classic Chicken Sandwich Bayou Baked Beans Banana/Oranges Crisp Green Lettuce Hot French Fries Fresh Made Oatmeal Cookie |
| 12 Snack Bun Bites Oranges Chinese Orange Chicken Peaches Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Rice Texas Toast | 13 N'awlins Style Beignets Fruity Raisins Beef Nachos Cantaloupe/Pineapple Tidbits Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick | 14 Flaky Biscuit, Sausage Southern Grits / Kiwi Chicken: BBQ Oranges/Strawberry Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit | 15 Fresh Baked Muffin Banana National Healthy Lunch Day Mini Cheese Ravioli w/Mariana Applesauce Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick | 16 Cinnamon Roll Applesauce Homestyle Hamburger Banana/Pears Crisp Green Lettuce Hot French Fries Fresh Baked Chocolate Chip Cookie |
| 19 THANKSGIVING HOLIDAY | 20 THANKSGIVING HOLIDAY | 21 THANKSGIVING HOLIDAY | 22 THANKSGIVING HOLIDAY | 23 THANKSGIVING HOLIDAY |
| 26 Pancakes & Oranges Cheesy Chicken Quesadilla Pears/Apples Salsa Whole Kernel Corn Chewy Oatmeal Cookie | 27 N'awlins Style Beignets Raisins Sloppy Joe Sandwich Applesauce/Oranges Fresh Crisp Carrots Hot French Fries Fudgy Brownie | 28 National French Toast Day French Toast & Apples Beef Tacos w/ Fixings Peaches Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick | 29 Biscuit, Sausage ,Banana Crispy Fish Strips OR Southern Fried Catfish OR Bayou Baked Beans Kiwi/Grapes Gelatin Fresh Broccoli Bites Creamy Mashed Potatoes OR Fresh Baked Potato Fresh Baked Breadstick | 30 Cinnamon Roll / Peaches Delicious Chicken Tenders Banana/MixFruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast |

This institution is an equal opportunity provider. Menus are subject to change.

